This is Page the Puppy. Page loves adventures and meeting new friends. Draw a picture of yourself and Page having fun together.

Look for Page anywhere you see Ready 10! activities. Where do you think you’ll see Page next?
Top 10 Skills FOR KINDERGARTEN

We asked the kindergarten teachers in our area, and they agree that these ten skills are the most important for your child to enter kindergarten ready to learn.

1. Completes personal care tasks without help (washing hands, dressing, toileting, etc.)
2. Manages behavior in a group setting without causing disruptions
3. Identifies and follows basic safety rules with help
4. Prints letters of own name with help
5. Identifies and responds to feelings of self and others
6. Carries out tasks and moves between activities, even when difficult, with little distress
7. Plays, learns, and interacts with peers cooperatively
8. Uses items that belong to self and others respectfully and appropriately
9. Speaks or expresses thoughts, feelings, and ideas clearly
10. Uses tools to complete activities showing hand-eye coordination (scissors, fork, toothbrush, pencil, etc.)

Tips By Age Group

NEWBORN

Learn and then follow your baby’s cues. He may look away, arch his back, or cry when he doesn’t like what is happening around him. Baby’s cries may sound different depending on what he needs.

Hug, snuggle, kiss, and talk to your baby. Baby is learning all the time, and your attention will help him focus and make more sense of the world.

INFANT

When playing on the floor with baby, place toys just out of her reach.

Encourage her to move toward them by reaching, rolling, or crawling.

Let baby help you clean up! Show her how to put toys in her toy box, or throw diapers into the trash.

TODDLER

At the park or playground, let your toddler explore but stay close by to make sure she stays safe. Be sure not to just tell her “no” but explain why she cannot do certain things and offer other choices.

Temper tantrums and melt downs are common at this age. It will be difficult for toddlers to listen to your words when upset, so instead identify the child’s feelings (“You are sad right now”) and help her work through them when she’s settled down a bit. Never yell, shake, or hit a child.

PRESCHOOLER

Play games that encourage your child to write. Pretend to shop and make grocery lists, play restaurant and take orders, or play police officer and write parking tickets.

Establish predictable daily routines. Knowing what to expect throughout his day will help your child feel secure and will develop healthy habits like brushing teeth and washing hands.
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